

P.O.S.T. Job Related Work Sample Test Battery  
Recruit Norms

	%	99 Yd. obstacle Course	Body Drag	Chain Fence	Solid Fence	500 Yd Run
Excellent	99.9	11.3	3.8	5.3	5.2	55.0
	95	15.7	4.0	6.0	6.1	66.6
	90	16.7	4.5	6.2	6.4	72.1
Good	85	17.3	4.7	6.4	6.6	77.2
	80	17.9	4.9	6.6	6.8	81.2
	75	18.3	5.0	6.7	6.9	84.6
	70	18.7	5.1	6.9	7.1	87.7
	65	19.1	5.6	7.0	7.2	90.6
	60	19.5	6.2	7.1	7.3	93.3
Average	55	19.8	6.7	7.3	7.7	95.9
	50	20.13	7.25	7.7	8.1	98.5
	45	20.5	7.8	7.5	8.3	101.1
Fair	40	20.8	8.3	7.7	8.6	103.7
	35	21.2	8.9	7.8	9.2	106.4
	30	21.5	9.5	8.1	9.7	109.3
	25	21.9	10.4	8.3	10.2	112.4
	20	22.4	10.8	8.6	11.4	115.8
	15	22.9	11.6	9.1	12.3	119.8
Needs Improvement	10	23.6	12.6	9.7	15.1	124.8
	.5	24.6	14.1	10.7	20.1	132.4
	.01	28.4	20.2	15.8	26.5	162.0